VALLEY (FORMERLY ANNEX) RINK PRACTICE ICE SCHEDULE - FRIDAY, NOVEMBER 18, 2016

Dressing Room	Team	Enter Dressing	Exit Dressing	Enter Rink	Exit Rink	Enter Dressing	Exit Dressing
IJS Monitoring (11:25am - 3:00pm)							
	Resurface			**3:00 PM**	**3:15 PM**		
10	IceStars (Intermediate)	2:55 PM	3:10 PM	**3:15 PM**	3:30 PM	3:35 PM	3:45 PM
11	IceStars (Open Juvenile)	3:10 PM	3:25 PM	3:30 PM	3:45 PM	3:50 PM	4:00 PM
12	Team Chiller (Open Juvenile)	3:25 PM	3:40 PM	3:45 PM	4:00 PM	4:05 PM	4:15 PM
13	Team Ices (Open Juvenile)	3:40 PM	3:55 PM	4:00 PM	4:15 PM	4:20 PM	4:30 PM
	Resurface			**4:15 PM**	**4:30 PM**		
10	Chicago Jazz (Junior)	4:10 PM	4:25 PM	4:30 PM	4:45 PM	4:50 PM	5:00 PM
11	Chicago Jazz (Junior)	4:25 PM	4:40 PM	4:45 PM	5:00 PM	5:05 PM	5:15 PM
12	Chicago Jazz (Juvenile)	4:40 PM	4:55 PM	5:00 PM	5:15 PM	5:20 PM	5:30 PM
13	Chicago Jazz (Novice)	4:55 PM	5:10 PM	5:15 PM	5:30 PM	5:35 PM	5:45 PM
	Resurface			**5:30 PM**	**5:45 PM**		
10	Chicago Skates (Intermediate)	5:25 PM	5:40 PM	5:45 PM	6:00 PM	6:05 PM	6:15 PM
11	Chicago Skates (Open Juvenile)	5:40 PM	5:55 PM	6:00 PM	6:15 PM	6:20 PM	6:30 PM
12	Ice Diamonds (Intermediate)	5:55 PM	6:10 PM	6:15 PM	6:30 PM	6:35 PM	6:45 PM
13	Ice Diamonds (Open Juvenile)	6:10 PM	6:25 PM	6:30 PM	6:45 PM	6:50 PM	7:00 PM
	Resurface			**6:45 PM**	**7:00 PM**		
10	Braemar Panache (Novice)	6:40 PM	6:55 PM	7:00 PM	7:15 PM	7:20 PM	7:30 PM
11	Braemar Panache (Novice)	6:55 PM	7:10 PM	7:15 PM	7:30 PM	7:35 PM	7:45 PM
12	Chicago Jazz (Preliminary)	7:10 PM	7:25 PM	7:30 PM	7:45 PM	7:50 PM	8:00 PM
13	Ice Cubes (Open Juvenile)	7:25 PM	7:40 PM	7:45 PM	8:00 PM	8:05 PM	8:15 PM
	Resurface			**8:00 PM**	**8:15 PM**		
10	Cleveland Edges (Intermediate)	7:55 PM	8:10 PM	8:15 PM	8:30 PM	8:35 PM	8:45 PM
11	Cleveland Edges (Juvenile)	8:10 PM	8:25 PM	8:30 PM	8:45 PM	8:50 PM	9:00 PM
12	Cleveland Edges (Novice)	8:25 PM	8:40 PM	8:45 PM	9:00 PM	9:05 PM	9:15 PM
13	Swan SyncSation (Intermediate)	8:40 PM	8:55 PM	9:00 PM	9:15 PM	9:20 PM	9:30 PM

ZOO (FORMERLY CUBE) RINK PRACTICE ICE SCHEDULE - FRIDAY, NOVEMBER 18, 2016							
Dressing Room	**Team**	**Enter Dressing**	**Exit Dressing**	**Enter Rink**	**Exit Rink**	**Enter Dressing**	**Exit Dressing**
14	Shattuck-St Mary's Team Sabres (Junior)	2:40 PM	2:55 PM	**3:00 PM**	3:15 PM	3:20 PM	3:30 PM
15	Shattuck-St Mary's Team Sabres (Junior)	2:55 PM	3:10 PM	3:15 PM	3:30 PM	3:35 PM	3:45 PM
16	Shattuck-St Mary's Team Sabres (Junior)	3:10 PM	3:25 PM	3:30 PM	3:45 PM	3:50 PM	4:00 PM
	Resurface			**3:45 PM**	**4:00 PM**		
14	Shattuck-St Mary's Team Sabres (Junior)	3:40 PM	3:55 PM	4:00 PM	4:15 PM	4:20 PM	4:30 PM
15	Shattuck-St Mary's Team Sabres (Junior)	3:55 PM	4:10 PM	4:15 PM	4:30 PM	4:35 PM	4:45 PM
16	Shattuck-St Mary's Team Sabres (Junior)	4:10 PM	4:25 PM	4:30 PM	4:45 PM	4:50 PM	5:00 PM
	Resurface			**4:45 PM**	**5:00 PM**		
17	Starfire (Open Juvenile)	4:40 PM	4:55 PM	5:00 PM	5:15 PM	5:20 PM	5:30 PM
14	Starfire (Intermediate)	4:55 PM	5:10 PM	5:15 PM	5:30 PM	5:35 PM	5:45 PM
15	Starfire (Intermediate)	5:10 PM	5:25 PM	5:30 PM	5:45 PM	5:50 PM	6:00 PM
16	Lucky 7 - Fire and Ice (Open Juvenile)	5:25 PM	5:40 PM	5:45 PM	6:00 PM	6:05 PM	6:15 PM
	Resurface			**6:00 PM**	**6:15 PM**		
17	Dazzlers (Novice)	5:55 PM	6:10 PM	6:15 PM	6:30 PM	6:35 PM	6:45 PM
14	Dazzlers (Novice)	6:10 PM	6:25 PM	6:30 PM	6:45 PM	6:50 PM	7:00 PM
15	Dazzlers-Blue (Open Juvenile)	6:25 PM	6:40 PM	6:45 PM	7:00 PM	7:05 PM	7:15 PM
16	Dazzlers-Silver (Open Juvenile)	6:40 PM	6:55 PM	7:00 PM	7:15 PM	7:20 PM	7:30 PM
	Resurface			**7:15 PM**	**7:30 PM**		
17	Dazzlers (Juvenile)	7:10 PM	7:25 PM	7:30 PM	7:45 PM	7:50 PM	8:00 PM
14	Dazzlers (Juvenile)	7:25 PM	7:40 PM	7:45 PM	8:00 PM	8:05 PM	8:15 PM
15	Dazzlers (Intermediate)	7:40 PM	7:55 PM	8:00 PM	8:15 PM	8:20 PM	8:30 PM
16	Dazzlers (Intermediate)	7:55 PM	8:10 PM	8:15 PM	8:30 PM	8:35 PM	8:45 PM
	Resurface			**8:30 PM**	**8:45 PM**		
17	Creative Edge (Intermediate)	8:25 PM	8:40 PM	8:45 PM	9:00 PM	9:05 PM	9:15 PM
14	Starlights (Junior FS)	8:40 PM	8:55 PM	9:00 PM	9:15 PM	9:20 PM	9:30 PM
15	Starlights (Junior FS)	8:55 PM	9:10 PM	9:15 PM	9:30 PM	9:35 PM	9:45 PM
16	Starlights (Junior FS)	9:10 PM	9:25 PM	9:30 PM	9:45 PM	9:50 PM	10:00 PM

STADIUM RINK PRACTICE ICE SCHEDULE - FRIDAY, NOVEMBER 18, 2016

Dressing Room	Team	Enter Dressing	Exit Dressing	Enter Rink	Exit Rink	Enter Dressing	Exit Dressing
1	Saint Louis Synergy (Juvenile)	2:40 PM	2:55 PM	**3:00 PM**	3:15 PM	3:20 PM	3:30 PM
2	Saint Louis Synergy (Intermediate)	2:55 PM	3:10 PM	3:15 PM	3:30 PM	3:35 PM	3:45 PM
3	Saint Louis Synergy (Intermediate)	3:10 PM	3:25 PM	3:30 PM	3:45 PM	3:50 PM	4:00 PM
	Resurface			**3:45 PM**	**4:00 PM**		
4	Fond du Lac Blades (Juvenile)	3:40 PM	3:55 PM	4:00 PM	4:15 PM	4:20 PM	4:30 PM
5	Fond du Lac Blades (Juvenile)	3:55 PM	4:10 PM	4:15 PM	4:30 PM	4:35 PM	4:45 PM
6	Fond du Lac Blades (Intermediate)	4:10 PM	4:25 PM	4:30 PM	4:45 PM	4:50 PM	5:00 PM
7	Fond du Lac Blades (Intermediate)	4:25 PM	4:40 PM	4:45 PM	5:00 PM	5:05 PM	5:15 PM
	Resurface			**5:00 PM**	**5:15 PM**		
8	Fond du Lac Blades (Junior)	4:55 PM	5:10 PM	5:15 PM	5:30 PM	5:35 PM	5:45 PM
9	Fond du Lac Blades (Junior)	5:10 PM	5:25 PM	5:30 PM	5:45 PM	5:50 PM	6:00 PM
1	Fond du Lac Blades (Junior)	5:25 PM	5:40 PM	5:45 PM	6:00 PM	6:05 PM	6:15 PM
2	Fond du Lac Blades (Junior)	5:40 PM	5:55 PM	6:00 PM	6:15 PM	6:20 PM	6:30 PM
	Resurface			**6:15 PM**	**6:30 PM**		
3	Teams Elite (Juvenile)	6:10 PM	6:25 PM	6:30 PM	6:45 PM	6:50 PM	7:00 PM
4	Teams Elite (Juvenile)	6:25 PM	6:40 PM	6:45 PM	7:00 PM	7:05 PM	7:15 PM
5	Teams Elite (Novice)	6:40 PM	6:55 PM	7:00 PM	7:15 PM	7:20 PM	7:30 PM
6	Teams Elite (Novice)	6:55 PM	7:10 PM	7:15 PM	7:30 PM	7:35 PM	7:45 PM
	Resurface			**7:30 PM**	**7:45 PM**		
7	Wisconsin Edge (Intermediate)	7:25 PM	7:40 PM	7:45 PM	8:00 PM	8:05 PM	8:15 PM
8	Wisconsin Edge (Juvenile)	7:40 PM	7:55 PM	8:00 PM	8:15 PM	8:20 PM	8:30 PM
9	Evolution (Juvenile)	7:55 PM	8:10 PM	8:15 PM	8:30 PM	8:35 PM	8:45 PM
	Resurface			**8:30 PM**	**8:45 PM**		
1	Windjammers (Open Juvenile)	8:25 PM	8:40 PM	8:45 PM	9:00 PM	9:05 PM	9:15 PM
2	Windjammers (Intermediate)	8:40 PM	8:55 PM	9:00 PM	9:15 PM	9:20 PM	9:30 PM
3	Lindenwood University ST (Open Collegiate)	8:55 PM	9:10 PM	9:15 PM	9:30 PM	9:35 PM	9:45 PM
3	Lindenwood University ST (Open Collegiate)	9:10 PM	9:25 PM	9:30 PM	9:45 PM	9:50 PM	10:00 PM
4	Revolution (Open Juvenile)	9:25 PM	9:40 PM	9:45 PM	10:00 PM	10:05 PM	10:15 PM

VALLEY (FORMERLY ANNEX) RINK PRACTICE ICE SCHEDULE - SATURDAY, NOVEMBER 19, 2016							
Dressing Room	**Team**	**Enter Dressing**	**Exit Dressing**	**Enter Rink**	**Exit Rink**	**Enter Dressing**	**Exit Dressing**
10	Lindenwood University ST (Open Collegiate)	5:55 AM	6:10 AM	**6:15 AM**	6:30 AM	6:35 AM	6:45 AM
11	Lindenwood University ST (Open Collegiate)	6:10 AM	6:25 AM	6:30 AM	6:45 AM	6:50 AM	7:00 AM
	Resurface			**6:45 AM**	**7:00 AM**		
IJS Monitoring (7:00am - 8:35pm)							
	Resurface			**8:35 PM**	**8:45 PM**		
10	Chicago Radiance (Preliminary)	8:25 PM	8:40 PM	**8:45 PM**	9:00 PM	9:05 PM	9:15 PM
11	Chicago Radiance (Preliminary)	8:40 PM	8:55 PM	9:00 PM	9:15 PM	9:20 PM	9:30 PM
12	Saint Louis Synergy (Preliminary)	8:55 PM	9:10 PM	9:15 PM	9:30 PM	9:35 PM	9:45 PM
13	Saint Louis Synergy (Pre-Juvenile)	9:10 PM	9:25 PM	9:30 PM	9:45 PM	9:50 PM	10:00 PM

STADIUM RINK PRACTICE ICE SCHEDULE - SATURDAY, NOVEMBER 19, 2016							
Dressing Room	**Team**	**Enter Dressing**	**Exit Dressing**	**Enter Rink**	**Exit Rink**	**Enter Dressing**	**Exit Dressing**
3	Teams Elite (Juvenile)	6:10 AM	6:25 AM	**6:30 AM**	6:45 AM	6:50 AM	7:00 AM
4	Teams Elite (Novice)	6:25 AM	6:40 AM	6:45 AM	7:00 AM	7:05 AM	7:15 AM
6	National Blades (Open Juvenile)	6:40 AM	6:55 AM	7:00 AM	7:15 AM	7:20 AM	7:30 AM
7	National Blades (Intermediate)	6:55 AM	7:10 AM	7:15 AM	7:30 AM	7:35 AM	7:45 AM
	Resurface			**7:30 AM**	**8:00 AM**		
Competition (8:00am - 8:20pm)							
	Resurface			**8:20 PM**	**8:30 PM**		
1	Chicago Skates (Synchro Skills 1)	8:10 PM	8:25 PM	8:30 PM	8:45 PM	8:50 PM	9:00 PM
2	Chicago Skates (Preliminary)	8:25 PM	8:40 PM	8:45 PM	9:00 PM	9:05 PM	9:15 PM
3	Wisconsin Edge (Preliminary)	8:40 PM	8:55 PM	9:00 PM	9:15 PM	9:20 PM	9:30 PM
4	Creative Edge (Pre-Juvenile)	8:55 PM	9:10 PM	9:15 PM	9:30 PM	9:35 PM	9:45 PM

ZOO (FORMERLY CUBE) RINK PRACTICE ICE SCHEDULE - SATURDAY, NOVEMBER 19, 2016							
Dressing Room	**Team**	**Enter Dressing**	**Exit Dressing**	**Enter Rink**	**Exit Rink**	**Enter Dressing**	**Exit Dressing**
14	Starlights (Juvenile)	6:25 AM	6:40 AM	**6:45 AM**	7:00 AM	7:05 AM	7:15 AM
15	Starlights (Juvenile)	6:40 AM	6:55 AM	7:00 AM	7:15 AM	7:20 AM	7:30 AM
16	Starlights (Open Juvenile)	6:55 AM	7:10 AM	7:15 AM	7:30 AM	7:35 AM	7:45 AM
17	Starlights (Open Juvenile)	7:10 AM	7:25 AM	7:30 AM	7:45 AM	7:50 AM	8:00 AM
	Resurface			**7:45 AM**	**8:00 AM**		
14	Starlights (Novice)	7:40 AM	7:55 AM	8:00 AM	8:15 AM	8:20 AM	8:30 AM
15	Starlights (Novice)	7:55 AM	8:10 AM	8:15 AM	8:30 AM	8:35 AM	8:45 AM
16	Starlights (Intermediate)	8:10 AM	8:25 AM	8:30 AM	8:45 AM	8:50 AM	9:00 AM
17	Starlights (Intermediate)	8:25 AM	8:40 AM	8:45 AM	9:00 AM	9:05 AM	9:15 AM
	Resurface			**9:00 AM**	**9:15 AM**		
Critiques 9:15am - 12:30pm							
17	Starfire (Preliminary)	12:25 PM	12:40 PM	**12:45 PM**	1:00 PM	1:05 PM	1:15 PM
14	Starfire (Pre-Juvenile)	12:40 PM	12:55 PM	1:00 PM	1:15 PM	1:20 PM	1:30 PM
15	Saint Louis Synergy (Synchro Skills 1)	12:55 PM	1:10 PM	1:15 PM	1:30 PM	1:35 PM	1:45 PM
16	Teams Elite (Synchro Skills 1)	1:10 PM	1:25 PM	1:30 PM	1:45 PM	1:50 PM	2:00 PM
	Resurface			**1:45 PM**	**2:00 PM**		
17	Chicago Radiance (Synchro Skills 1)	1:40 PM	1:55 PM	2:00 PM	2:15 PM	2:20 PM	2:30 PM
14	Chicago Radiance (Synchro Skills 2)	1:55 PM	2:10 PM	2:15 PM	2:30 PM	2:35 PM	2:45 PM
15	Chicago Jazz (Preliminary)	2:10 PM	2:25 PM	2:30 PM	2:45 PM	2:50 PM	3:00 PM
16	Chicago Jazz (Synchro Skills 1)	2:25 PM	2:40 PM	2:45 PM	3:00 PM	3:05 PM	3:15 PM
	Resurface			**3:00 PM**	**3:15 PM**		
Critiques 3:15pm - 9:00pm							
16	Revolution (Open Masters)	8:55 PM	9:10 PM	9:15 PM	9:30 PM	9:35 PM	9:45 PM

STADIUM RINK PRACTICE ICE SCHEDULE - SUNDAY, NOVEMBER 20, 2016							
Dressing Room	**Team**	**Enter Dressing**	**Exit Dressing**	**Enter Rink**	**Exit Rink**	**Enter Dressing**	**Exit Dressing**
4	Evolution (Synchro Skills 1)	6:10 AM	6:25 AM	**6:30 AM**	6:45 AM	6:50 AM	7:00 AM
5	Evolution (Pre-Juvenile)	6:25 AM	6:40 AM	6:45 AM	7:00 AM	7:05 AM	7:15 AM
6	Dazzlers (Synchro Skills 1)	6:40 AM	6:55 AM	7:00 AM	7:15 AM	7:20 AM	7:30 AM
7	Dazzlers (Synchro Skills 2)	6:55 AM	7:10 AM	7:15 AM	7:30 AM	7:35 AM	7:45 AM
8	Dazzlers (Pre-Juvenile)	7:10 AM	7:25 AM	7:30 AM	7:45 AM	7:50 AM	8:00 AM
9	National Blades (Preliminary)	7:25 AM	7:40 AM	7:45 AM	8:00 AM	8:05 AM	8:15 AM
	Resurface			**8:00 AM**	**8:30 AM**		
Competition (8:30am - 1:42pm)							

ZOO (FORMERLY CUBE) RINK PRACTICE ICE SCHEDULE - SUNDAY, NOVEMBER 20, 2016							
Dressing Room	**Team**	**Enter Dressing**	**Exit Dressing**	**Enter Rink**	**Exit Rink**	**Enter Dressing**	**Exit Dressing**
14	Starlights (Preliminary)	6:55 AM	7:10 AM	**7:15 AM**	7:30 AM	7:35 AM	7:45 AM
15	Starlights (Synchro Skills 1)	7:10 AM	7:25 AM	7:30 AM	7:45 AM	7:50 AM	8:00 AM
16	Cleveland Edges (Pre-Juvenile)	7:25 AM	7:40 AM	7:45 AM	8:00 AM	8:05 AM	8:15 AM
	Resurface			**8:00 AM**	**8:15 AM**		
17	Cleveland Edges (Synchro Skills 1)	7:55 AM	8:10 AM	8:15 AM	8:30 AM	8:35 AM	8:45 AM
14	Revolution (Synchro Skills 1)	8:10 AM	8:25 AM	8:30 AM	8:45 AM	8:50 AM	9:00 AM
15	Chicago Skates (Pre-Juvenile)	8:25 AM	8:40 AM	8:45 AM	9:00 AM	9:05 AM	9:15 AM
16	Teams Elite (Pre-Juvenile)	8:40 AM	8:55 AM	9:00 AM	9:15 AM	9:20 AM	9:30 AM
	Resurface			**9:15 AM**	**9:30 AM**		
17	IceStars (Synchro Skills 2)	9:10 AM	9:25 AM	9:30 AM	9:45 AM	9:50 AM	10:00 AM
14	Starlights (Pre-Juvenile)	9:25 AM	9:40 AM	9:45 AM	10:00 AM	10:05 AM	10:15 AM
15	Starlights (Pre-Juvenile)	9:40 AM	9:55 AM	10:00 AM	10:15 AM	10:20 AM	10:30 AM
16	Chicago Skates (Synchro Skills 2)	9:55 AM	10:10 AM	10:15 AM	10:30 AM	10:35 AM	10:45 AM
17	Cleveland Edges (Synchro Skills 2)	10:10 AM	10:25 AM	10:30 AM	10:45 AM	10:50 AM	11:00 AM